



BIO DATA

Name : SEEJA V.V.
Official Address : Assistant Professor,
Department of Physical Education,
GEC TCR.
Residential Address : Chakkamadathil House, Kandassankadavu,
Thrissur.

Contact No. : 9446620449
Email ID : seejarajeshmay28@yahoo.co.in
Academic qualifications : MPE, UGC-NET
Experience :
Years months
(i) Teaching :
No. of publications : 4
(i) Referred Journals : 0
(ii) International
Conferences
No. of M.Tech Projects guiding/guided : **NA**
Award Obtained : NA
Field Of Interest : Teaching, Sports and Games
Other Contributions :

1.

At present I am

Assistant Professor, Department o Physicsl Education, GEC TCR.

LIST OF PUBLICATIONS

Referred Journal

1. Yoga as a science of human engineering, Biju Lona K, Seeja V.V., Anu D Alappat, Sini Thomas, Explorations, Vol 4 NoIII, June 2014, ISSN 2229-4783; pp 42- 46.

2. Effect of Aerobic Dance on Selected Components of Physical Fitness of Adult

Female. Sini Thomas, Seeja V.V, Vimal Varghese, Research Scholar, Vol III NoIII, Sep 2013, ISSN 2249-6696.; pp 205- 211.

3. Analysis of Skill related Physical Fitness elements between female twins, Sini Thomas, Seeja V.V, Discourse, Vol I NoII, Sep 2013, pp 156- 161.

4. Physco – Physiological profiles of Volleyball Referees in Kerala State, Sini Thomas, Seeja V.V, Bestine C. Michael, Research Lines, Vol VI NoI, June 2013, ISSN 0975-8941; pp 58- 65.

3.

Referred Conferences (International)